

Good hormones
Good health
Good life

How to book your screening appointment

You can make an appointment by calling 0207 034 1303 or emailing enquiries@hormonehealth.co.uk and we will call you back.

Our nursing staff will conduct the investigations. You should allow for up to 45 minutes for the initial appointment.

Consultation with Hormone Health Specialist

Once all the results are available, we will contact you and arrange for a consultation to discuss the results and what options you may want to consider for your ongoing health.

Useful links

General health

+ Women's Health Concern
www.womens-health-concern.org

+ Women's Wellness Centre
www.womenswellnesscentre.com

Premenstrual Syndrome

+ National Association for Premenstrual Syndrome
www.pms.org.uk

Premature Menopause

+ Daisy Network
www.daisynetwork.org.uk

Menopause

+ Menopause Matters
www.menopausematters.co.uk

Osteoporosis

+ National Osteoporosis Society
<https://nos.org.uk>

Fertility

+ The Fertility Partnership
www.thefertilitypartnership.com

HORMONE HEALTH

How to find us

Hormone Health

92 Harley Street, London W1G 7HU

The nearest underground stations are Regents Park and Oxford Circus.

Bus numbers 18, 27, 30 and 405 stop on Marylebone Road.

Note: Card or text parking available on Harley Street, maximum stay four hours. NCP Portland Place car park on Weymouth Mews. Disabled parking is available (*please check any restrictions*).



www.hormonehealth.co.uk

HORMONE HEALTH

Well Woman
Health
Screening
Packages

Introduction

Our Well Woman Health Screening packages consist of a number of clinically recognised tests, which will keep you informed about your health, and help you to decide the right path to follow if action needs to be taken.

All the tests will be conducted at the same time and at our clinic. The consultation will be with one of our specialist Associates, who will be able to spend time with you discussing your personal health issues.

Our service is:

- + Evidence-based
- + Convenient
- + Efficient
- + Personalised
- + More comprehensive than NHS screening alone

Tracking your health is increasingly important as our work and home lives are more hectic than ever. There is so much information available on the Internet, it can often cause more confusion than clarity.



At Hormone Health, we only follow evidence-based guidelines to managing health. Consequently, our aim is to offer personalised and specific treatment options for you.

The health issues facing a woman vary as she ages – some have an impact on your everyday life, such as symptoms caused by menopause, while others can be more serious, such as ovarian and cervical cancer.

Fortunately, in the UK we have a National Screening programme for not all, but a large number of health issues.

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What does it include?

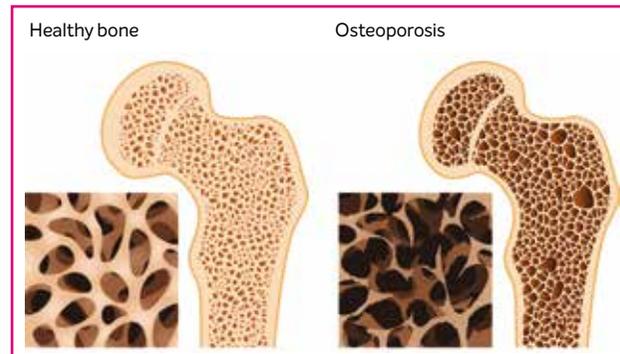
Fit4Life Blood test

This comprehensive blood test will measure levels of estradiol, testosterone, progesterone, follicle stimulating hormone (FSH) and markers of cardiovascular and cognitive health – all of which are diagnostic of menopause and indicative of health in the menopause transition and beyond.

CA-125 Blood test

The blood sample will also determine the levels of CA-125, a tumour marker which has been linked to an increased risk of having ovarian cancer. CA-125 is found in higher concentrations in ovarian cancer cells than in other cells and is currently the most common tool used to detect this type of cancer.

The CA-125 test is performed in conjunction with an ultrasound scan of the pelvis to give the most accurate diagnosis.



DEXA Scan

DEXA scans are often used to diagnose or assess someone's risk of osteoporosis, a condition that weakens bones and increases the risk of breakage.

Higher risk groups include: menopausal women (particularly those with an early menopause or following an early hysterectomy and removal of the ovaries), smokers, women who have lost their periods with an eating disorder, history of a previous fracture and a family history of osteoporosis.

Pelvic Ultrasound Scan

Common reasons for having this ultrasound scan are the detection or exclusion of fibroids, ovarian cysts, polycystic ovaries and pelvic inflammatory disease (PID).

Of particular concern for women is the risk of ovarian cancer, which is one of the most common causes of cancer-related deaths among women.

We will perform a detailed scan to look at the size, shape and condition of the uterus, lining of the womb, both ovaries and pelvic area.

We have three packages for you to consider, depending on your age and general health.

	Gold	Silver	Bronze
DEXA bone scan	●	●	–
Ultrasound scan	●	–	–
CA-125 levels	●	–	–
Human papilloma test	●	●	●
Ovarian cancer screening	●	–	–
Endometrial cancer screening	●	–	–
Cervical smear*	●	●	●
Fit4Life Blood test	●	●	●
Blood test measuring levels of:			
– Glucose and lipids			
– Calcium			
– Vitamin D			
– Cholesterol			
– Sex hormones			
Consultation post test results	●	●	●
Price	£1,199	£999	£650
*conducted at time of consultation			

If you would like to have any other specific tests, please contact us for a personal quotation.